

# South Common Hearing Centre

## Quick Online Hearing Self Check

Simple answer YES or NO to each item for you or for a friend:

1. Do you experience ringing or noises in your ears?
2. Do you hear better with one ear than the other?
3. Have any of your relatives had a hearing loss?
4. Have you had significant noise exposure at work, recreation or in military service?
5. Do you find it difficult to follow a conversation in a noisy restaurant or crowded room?
6. Do you sometimes feel people are mumbling or not speaking clearly?
7. Do you experience difficulty following dialog in theatre?
8. Do you sometimes find it difficult to understand a speaker at a public meeting or religious service?
9. Do you sometimes find yourself asking people to speak up or to repeat themselves?
10. Do you find men's voices easier to understand than women's?
11. Do you experience difficulty understanding soft or whispered speech?
12. Do you sometimes have difficulty understanding speech or words on the telephone?
13. Does a hearing problem cause you to feel embarrassed when meeting new people?
14. Does a hearing problem cause you to be nervous?
15. Does a hearing problem cause you to visit friends, relatives or neighbors less often than you like?
16. Does a hearing problem cause you to talk to family members less often than you would like?
17. Does a hearing problem cause you to feel depressed?
18. Do you feel handicapped by a hearing problem?

If you answered **YES** to any of these questions it could mean that you have a hearing problem. If you answered **YES** to more than a few questions, we strongly suggest a hearing evaluation in the very near future.

To make an appointment with us now, call **(905) 569-0224**

**South Common Hearing Centre**

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